

# ***POLARITY*** ***HEALTHCARE***

*Integrative Bodywork Training*

## **The Polarity Connection**

This is an experiential introduction to the role of Polarity Therapy in clinical massage practice. Massage therapists will learn how to develop a more wholistic perspective, increase therapeutic effectiveness with less effort, and offer a uniquely powerful, hands-on session to clients. We will also discuss the history of energy medicine as it pertains to modern bodywork.

For two days, you will stay present and work from the heart as you learn polarity techniques which blend easily into massage or physical therapy practice. The focus of this class is learning and practicing an integrative polarity bodywork session.

### **Finish your CE Requirements early!**

**Date:** October 14-15, 2023    **Time:** 8:30am-5:30pm (Both Days)    **CE hours:** 16

**Location:** Great Lakes Institute of Technology  
5100 Peach Street  
Erie, PA 16509

**Prerequisites:** None

**Fee:** \$300 Before Sept. 30 (\$335 after Sept. 30) includes study guide

**Instructor:** Randall Gibson, M.Ed., LMT (NCBTMB approved provider # 325713-00)

**Register Online:**

[www.PolarityHealthcare.com](http://www.PolarityHealthcare.com)

**Register by Phone:**

330.701.8780